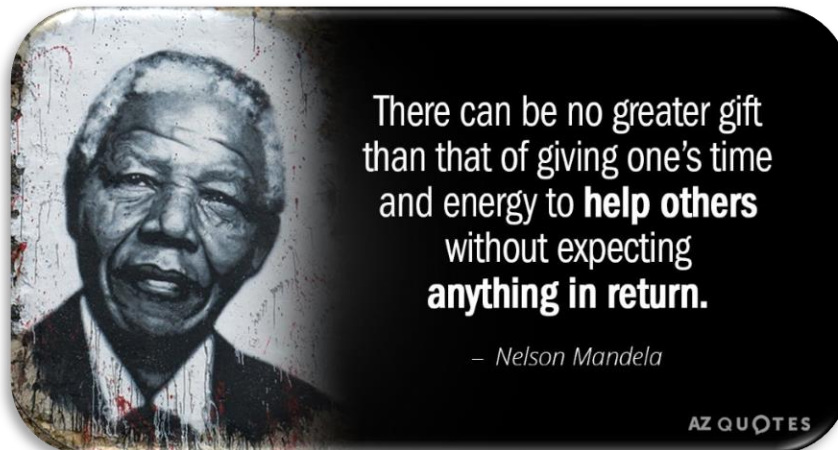


Mandela Day Initiative: Female Family Planning/Tubal ligation catch-up lists

Saturday 22 July and Saturday 29 July

*Dear Colleagues,*



SASA would like to encourage and invite our members to support a joint initiative between Mediclinic South Africa and Mitchells Plain Hospital (MPH) to reduce the surgical backlog of tubal ligations at MPH.

There is currently a list of 300-plus women awaiting tubal ligations at Mitchells Plain Hospital because of budget, theatre time, staff and other constraints. Unwanted and unplanned pregnancies due to the unavailability of safe and effective family planning options such as tubal ligation place an enormous emotional, social, and financial burden on these women.

Tubal ligation surgery will be offered to patients on the waiting list who want to exercise their fundamental human right of access to safe and effective family planning. There is no coercion from medical personnel, relatives, partners or any other third party to undergo this procedure and all women have been counselled regarding alternative family planning options.



Mediclinic will make 16 theatres available in 8 Western Cape hospitals over two Saturdays in July to offer surgeries at no cost to the patient. The surgeries will be performed on carefully screened and selected patients as day-case surgeries. Surgeons from the private sector will participate on a pro bono basis with the support of the MPH gynaecology department.

For more information on the procedures that will be followed please [click here](#).

If you would like to participate by donating your time and clinical service on either of these Saturdays, please contact Dr Marlize du Preez on 0711018433. Private and state-sector specialist anaesthetists as well as registrars and medical officers are welcome.