

SASA Central Year-End Function: A Special Visit

SASA Central was honoured to conclude the year with a special visit from Dr Carol Bodlani, Head of Paediatric Cardiac Anaesthesia at Leeds Teaching Hospitals in England.

Originally from East London in the Eastern Cape, Dr Bodlani has developed an impressive career in paediatric cardiac anaesthesia and continues to broaden her expertise through a Master's in Business Administration, with a focus on Public Health.

As part of the SASA Central year-end function, Dr Bodlani delivered a thought-provoking lecture entitled “The Role of Point-of-Care Testing and Digital Technologies in Prehabilitation.” Her presentation highlighted the important role of prehabilitation and optimisation of patients at primary-care level, particularly those living with conditions such as hypertension and diabetes. By addressing these modifiable risk factors earlier in the patient journey, there is potential to reduce the downstream morbidity and mortality associated with poorly controlled comorbidities in the perioperative period.



The lecture provided valuable insight into the evolving role of technology and point-of-care testing in improving preoperative assessment and patient optimisation. It also emphasised the importance of collaboration between primary care, specialist services and anaesthesia in improving surgical outcomes.

Dr Bodlani's humility, dedication and passion for advancing healthcare were evident throughout her visit. Her career and continued commitment to education and innovation serve as an inspiration to colleagues and trainees alike.

It was a privilege for SASA Central to host such an accomplished anaesthesiologist and to welcome her back to South Africa and our City of Roses. Her contribution made the year-end celebration particularly memorable and provided an inspiring conclusion to another year of learning, collaboration and professional development within SASA Central.

Written by Dr Katie Mall on behalf of the SASA Central Branch

